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Dr. Charles B. "Chuck" Corbin is Professor Emeritus in the Department of Exercise and Wellness at Arizona State University. He has published more than 200 journal articles and is the senior author, sole author, contributor to, or editor of more than 70 books including Concepts of Physical Fitness (14th ed.), winner of the McGuffey Award (TAA); Concepts of Fitness and Wellness (7th ed ...

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In 2012 she received a grant from Aetna Foundation to bring a unique model of Integrative Wellness Coaching to public housing residents. She is Editor-in-Chief and founder of American Fitness Magazine, and author of several books, including The Fitness Instinct and the forthcoming Adventures of a Global Medicine Hunter.

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